



AUGUST 2026

Birthdays

Calendar

Photos

 (218) 477-7254

 1204 Oakview Dr.
Dilworth

Serenity SNIPPETS

Squeeze the Day

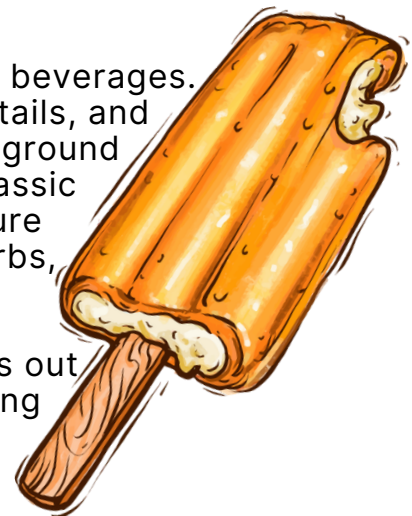
August is peak citrus season in more ways than one. While most citrus fruits are harvested in cooler months, their appeal hits full stride in late summer, when heat calls for bright flavors and cold drinks. Lemons, limes, oranges, and grapefruit show up everywhere this time of year—not just in produce bins, but in menus, recipes, and even a few quirky holidays.

The science behind that appeal is simple: Citrus delivers acidity, aroma, and a quick hit of refreshment. A squeeze of lemon can sharpen iced tea, balance grilled foods, or lift a simple glass of water. Limes do the same for marinades and summer desserts, while oranges and grapefruit bring a mix of sweetness and bite that works well chilled. There's also a practical side to citrus in summer. Lemon and lime juices are widely used in food safety and preservation, from keeping sliced fruit from browning to adding acidity that helps control bacterial growth in certain dishes.

August's food calendar leans into that versatility. National Creamsicle Day on August 14 highlights the long-running pairing of orange and vanilla, a combination that dates back to early 20th-century soda fountain culture. The next day, National Lemon Meringue Pie Day celebrates a dessert that balances tart citrus curd with sweet topping—a contrast that has kept it popular for generations. Later in the month, National Lemon Juice Day (August 29) and National Grapefruit Juice Day (August 31) shift the focus to drinks, where citrus continues to dominate.

Citrus has become a quiet trend driver in beverages. Sparkling lemonades, lime-forward mocktails, and grapefruit-infused sodas have all gained ground as alternatives to heavier drinks. Even classic lemonade—arguably the season's signature citrus drink—has seen variations with herbs, berries, and reduced sugar.

In a season defined by heat, citrus stands out for doing exactly what people want: cutting through it. Whether it's a cold glass of lemonade, a slice of pie, or a simple wedge on the rim of a glass, citrus continues to earn its place as one of summer's most reliable flavors.





SMILES
from
SERENITY



HELLO! MY NAME IS,

MORGYN O'DEA

Birthday: May 10

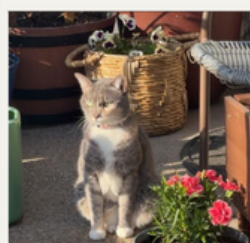
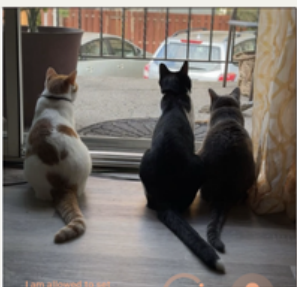
Hometown: New York
Mills, MN



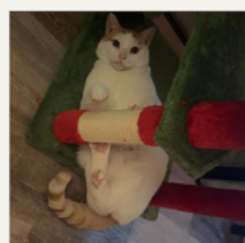
ABOUT ME

I'VE BEEN AT SERENITY KIDS FOR ABOUT A YEAR AND A HALF NOW. I WAS REALLY NERVOUS ABOUT WORKING IN THE ASSISTED LIVING SIDE AT FIRST, BUT AFTER THAT FIRST WEEK, I ABSOLUTELY LOVED IT. IT FELT LIKE SUCH A PERFECT FIT, ESPECIALLY WITH MY DEGREE IN PSYCHOLOGY AND A MINOR IN EDUCATIONAL STUDIES THAT I'LL BE FINISHING AT MSUM IN SPRING 2027. I'VE ALWAYS LOVED WORKING WITH KIDS, AND I'VE HAD A SOFT SPOT FOR THE ELDERLY FOR AS LONG AS I CAN REMEMBER — SO THIS SUMMER HAS BEEN THE PERFECT BLEND OF BOTH.

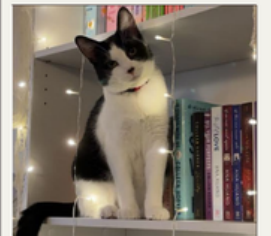
WHEN I'M NOT HERE, YOU CAN USUALLY FIND ME AT HOME WITH MY THREE CATS — PEPSY, KOLA, AND PHANTA. I TAKE THEM OUT FOR WALKS SOMETIMES, AND WHEN I WANT A LITTLE MORE TIME TO MYSELF, I GO FOR RUNS. I LOVE COMPETING IN 5KS AND 10KS. I ALSO LOVE TO GARDEN, READ, AND TRAVEL WHENEVER I GET THE CHANCE — EXPLORING NEW PLACES IS ONE OF MY FAVORITE THINGS. AND ON THE PERSONAL SIDE, I RECENTLY GOT ENGAGED TO MY BEST FRIEND, ISAAC! HE PROPOSED ON MY BIRTHDAY, MAY 10TH, AT MY CHILDHOOD HOME IN HENNING, MN. I'M SO GRATEFUL FOR ALL THE GROWTH AND CHANGE HAPPENING IN MY LIFE THIS NEXT YEAR, AND I CAN'T WAIT TO KEEP GROWING HERE AT SERENITY.



Pepsi



Kola



Phanta

August



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
						1 <i>manicure</i>
2 	3 	4 Flower Garden Outing	5 Monthly Birthdays Library <i>shopping</i> WEEKLY BINGO!	6 <i>Appetizer Night</i>	7	8 <i>manicure</i>
9 	10 Norsky Brothers Music @ 1:30 pm	11 Mass at 10:30 am <i>Sirfriends</i> GATHERING	12 WEEKLY BINGO! <i>Frye Pan</i> Family Restaurant	13 <i>shopping</i> <i>Outing</i> <i>Appetizer Night</i>	14	15 <i>manicure</i>
16 	17	18	19 WEEKLY BINGO!	20 <i>shopping</i> <i>Outing</i>	21 Picnic Lunch Outing	22 <i>manicure</i>
23 	24 Memory Cafe Car Show 2pm - 5 pm	25 <i>Grub Club</i> BINGO Legion BINGO @ 5-10 pm	26 WEEKLY BINGO!	27 <i>shopping</i> <i>Outing</i> <i>Appetizer Night</i>	28	29 <i>manicure</i> <i>NDSU</i> NDSU vs. Jacksonville State @ 4:30 pm
30 	31					

AUGUST BIRTHDAYS
 8th = Dorothy Becker
 10th = Donna Chloupek
 13th = Staff Rose
 16th = Carol Miranowski & Staff McKenzie
 17th = Jesse Ochoa
 20th = Carol Mulcahy
 21st = Staff Tori
 25th = Carol Olson
 28th = Preschool Teacher Tammy
 29th = Staff Charlie
 30th = Staff Khloe J.
 31st = Emma Kaiser

SAVE THE DATE
September 13 = Grandparents Day BINGO & Brunch 11am - 1 pm

September 13-19th = National Assisted Living Week

September 15th = Rick Adams Music at 1:30 pm



TONY GEIGER



Hello, my name is Anthony, but you can call me Tony.

BORN & RAISED



Bismarck, North Dakota

WORK



Foreman at Corwin
Churchill in Bismarck

GROWING UP



Oldest child; has 2
sisters and 1 brother.

LIFE



Married Marion; they
met when he gave
her a ride home in his
convertible.



3 boys and 2 girls

INTERESTS



Raced cars for 50 years.



Tony got his drivers
license when he was 12
years old. That way he
could drive his younger
siblings around.

IF THEY HAD A MILLION DOLLARS....

Probably spend it on his
kids!

SONNY HILTWEIN



Hello, my name is Ronald, but you can call me Sonny.

BORN & RAISED



Fargo, North Dakota

WORK



Drove truck for Ames Ready Mix.

GROWING UP



Oldest and SMARTEST!
He has 3 siblings.

LIFE



Married a few times.



4 children

INTERESTS



Fishing



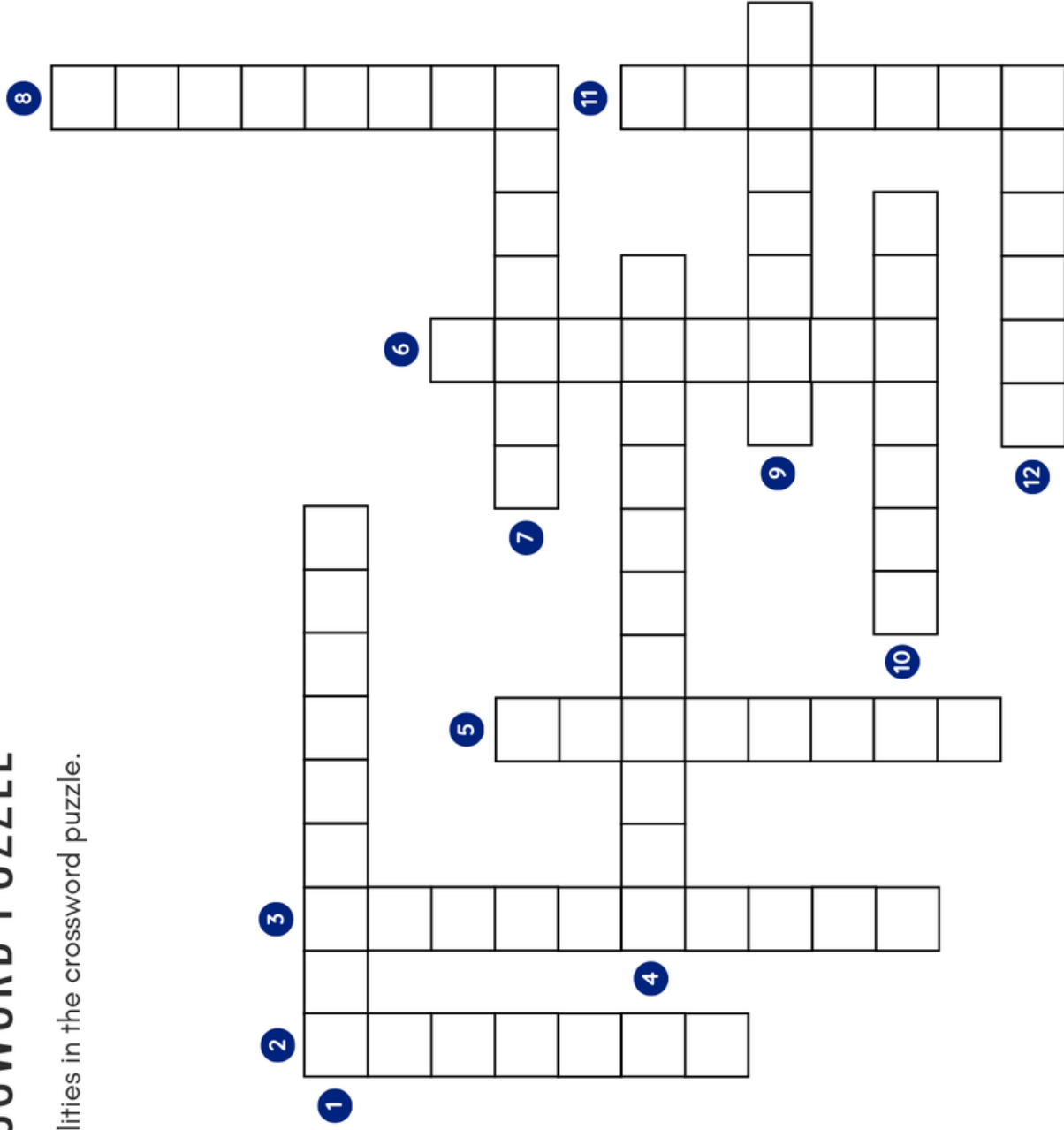
Has a grandson, Chantz,
whome he gets to
spend time with.

IF THEY HAD A MILLION DOLLARS....

Go to Las Vegas and then
Germany. He would enjoy
the rest of his life!

NATIONALITIES CROSSWORD PUZZLE

Look at the flags and write the nationalities in the crossword puzzle.





2026 SCHEDULE

MARCH/APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
				26 BAL 2:05	27	28 BAL 3:05
29 BAL 12:35	30 KC 3:10	31	1 KC 6:40	2 KC 1:10	3 TB 3:10	4 TB 6:10
5 TB 1:10	6 D 6:40	7 D 6:40	8 D 6:40	9 D 12:40	10 TOR 6:07	11 TOR 2:07
12 TOR 12:37	13 B 6:40	14 B 6:40	15 B 12:40	16	17 C 7:10	18 C 1:10
19 CIN 1:10	20	21 NYM 6:10	22 NYM 6:10	23 NYM 6:10	24 TB 6:10	25 TB 3:10
26 TB 12:40	27 SEA 6:40	28 SEA 6:40	29 SEA 12:40	30 TOR 6:40		

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
					1 D 7:10	2 D 1:10
3 D 11:45	4	5 WSH 5:45	6 WSH 5:45	7 WSH 12:05	8 CLE 6:15	9 CLE 5:10
10 CLE 12:40	11	12 M 6:40	13 M 6:40	14 M 12:40	15 O 7:10	16 O 6:10
17 O 1:10	18 S 6:40	19 S 6:40	20 S 12:40	21	22 BOS 6:10	23 BOS 3:10
24 BOS 12:35	25 CWS 1:10	26 CWS 6:40	27 CWS 6:40	28 CWS 1:10	29 PIT 5:45	30 PIT 3:05
31 PIT 12:35						

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
	1 S 6:40	2 S 6:40	3 S 12:40	4 KC 6:40	5 KC 7:15	6 KC 1:10
7 KC 1:10	8	9 DET 5:40	10 DET 5:40	11 DET 12:10	12 S 7:10	13 S 1:10
14 S 1:10	15 TEX 7:05	16 TEX 7:05	17	18 TEX 1:35	19 AZ 8:45	20 AZ 9:10
21 AZ 2:15	22 LA 6:40	23 LA 6:40	24 LA 6:40	25	26 CR 7:10	27 CR 6:10
28 CR 1:10	29 HOU 7:10	30 HOU 7:10				

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 HOU 7:10	2	3 NYY 6:05	4 NYY 12:35
5 NYY 12:35	6	7 C 6:40	8 C 6:40	9 C 12:40	10 A 7:10	11 A 1:10
12 A 1:10	13	★ ALL-STAR BREAK ★ PHILADELPHIA, PA			17 CHC 7:05	18 CHC 1:20
19 CHC 1:20	20 CLE 5:40	21 CLE 5:40	22 CLE 5:40	23 CLE 12:10	24 A's 7:10	25 A's 6:10
26 A's 1:10	27	28 KC 6:40	29 KC 6:40	30 KC 12:40	31 SEA 9:10	

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
						1 SEA 3:10
2 SEA 3:10	3	4 KC 6:40	5 KC 6:40	6 KC 6:40	7 MIL 6:40	8 MIL 6:10
9 MIL 1:10	10 F 6:40	11 F 6:40	12 F 12:40	13 P 6:30	14	15 P 6:10
16 P 1:10	17 A 6:40	18 A 6:40	19 A 12:40	20	21 SD 8:40	22 SD 7:40
23 SD 3:10	24 ATH 8:40	25 ATH 8:40	26 ATH 8:05	27	28 S 7:10	29 S 1:10
30 CWS 1:10	31 DET 6:40					

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 D 6:40	2 D 6:40	3	4 CWS 6:40	5 CWS 6:10
6 CWS 1:10	7 DET 12:10	8 DET 5:40	9 DET 12:10	10	11 C 7:10	12 C 3:10
13 C 1:10	14 NY 6:40	15 NY 6:40	16 NY 12:40	17 LAA 8:38	18 LAA 8:38	19 LAA 8:38
20 LAA 3:07	21 SF 8:45	22 SF 8:45	23 SF 2:45	24	25 T 7:10	26 T 3:10
27 T 2:10	28	29	30			

HOME GAMES ROAD GAMES FIELD OF DREAMS Schedule subject to change.

twins.com

MLB BALLPARK

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