



Serenity Assisted
Living & Memory
Care
Dilworth, MN

Points of Interest:

- **July Birthdays**
- **Activity Calendar**
- **Snapshot Photos**
- **Movies of the Month**

Serenity Snippets

July 2022

Bursting in Air

It is common on July summer nights to hear the far-off crackle and boom of fireworks, but no holiday boasts a more grandiose display of fireworks than America's Independence Day celebrations on July 4.

Setting off fireworks to celebrate Independence Day is a tradition that dates all the way back to America's Declaration of Independence in 1776. On July 1 of that year, the Continental Congress convened in Philadelphia to debate whether the colonies should declare independence from Britain. In the midst of their debate, news suddenly arrived that British ships had entered New York Harbor. The delegates' sense of urgency increased, and on July 2 they voted in favor of independence.

John Adams, representative of Massachusetts, sensed the significance of the decision. He wrote to his wife, Abigail: "The Second Day of July 1776, will be the most memorable Epoch, in the History of America... It ought to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other." Adams may have been off by two days, but his vision of future Independence Day celebrations was spot on. Cities would commemorate the day just as Adams had predicted. In Philadelphia on July 4, 1777, a cannon was fired 13 times to honor the 13 original colonies, and 13 fireworks were shot into the air.

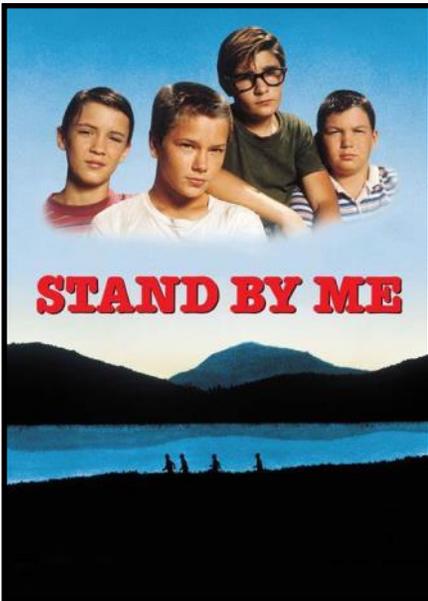
Those early fireworks looked very different from those we enjoy today. Many offered nothing more than a fountain of monochromatic sparks or a loud explosion. It wasn't until the 1830s that Italian inventors added metal salts like strontium and barium to the incendiary mixtures, finally giving fireworks a palette of color. At last, crowds could "Ooh!" and "Ahh!" as the night sky was lit up in glittering shades of red, white, and blue. Other innovations in fireworks are on the way. Quiet fireworks, those without the loud explosions, have been tested in Europe. There are even day-time fireworks with vivid colors that stand out against a sunlit sky.



July MOVIES

The following movies are scheduled once per week in each building. Please refer to the weekly activity calendar for dates and times of scheduled movies.

Stand By Me (1986)



Stand by Me is a 1986 American coming-of-age story directed by Rob Reiner. It is based on Stephen King's 1982 novella *The Body*, and the title derives from the song by Ben E. King. Wil Wheaton, River Phoenix, Corey Feldman, and Jerry O'Connell star as four boys who, in 1959, go on a hike to find the dead body of a missing boy.

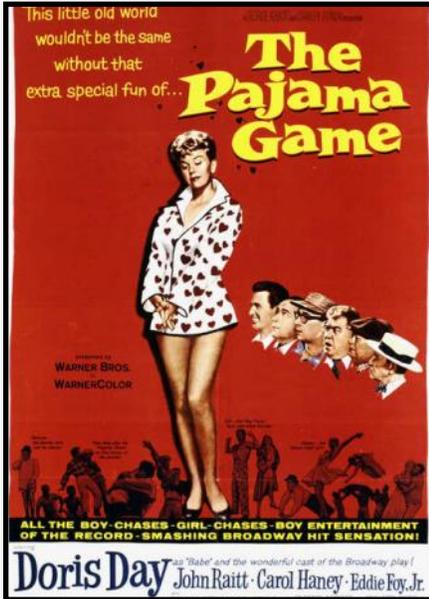
Little Women (1994)



Louisa May Alcott's autobiographical account of her life with her three sisters in Concord, Massachusetts in the 1860s. With their father fighting in the American Civil War, sisters Jo, Meg, Amy and Beth are at home with their mother, a very outspoken women for her time. The story tells of how the sisters grow up, find love and find their place in the world.

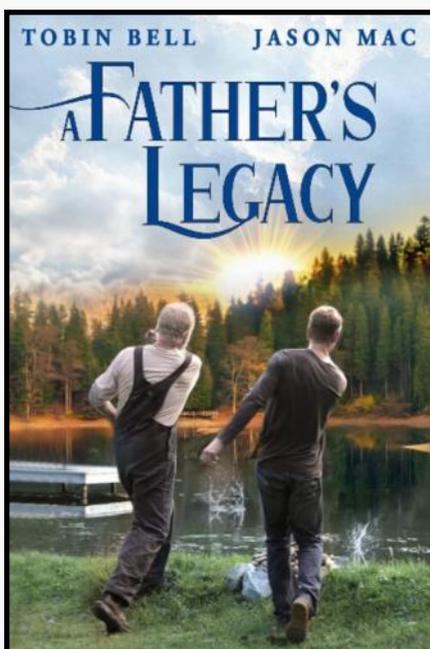
July MOVIES

The Pajama Game (1957)



The Pajama Game is a 1957 musical film based on the 1954 stage musical of the same name, itself based on the 1953 novel *7½ Cents* by Richard Pike Bissell. The film was produced and directed by George Abbott and Stanley Donen. The principal cast of the Broadway musical repeated their roles for the movie, with the exception of Janis Paige, whose role is played by Doris Day; and Stanley Prager, whose role is played by Jack Straw. The choreography is by Bob Fosse, who also did the choreography for the stage production.

A Father's Legacy (2021)

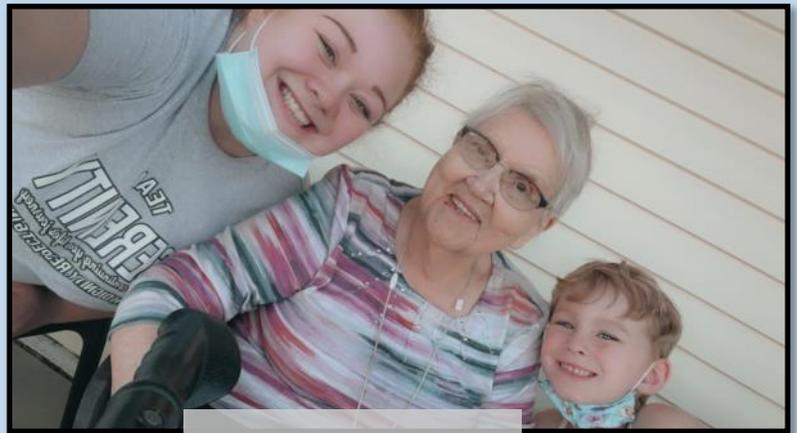


On the run and bleeding a young man ends up at a pond house where he meets an old man (Tobin Bell) and holds him hostage in his own home. As the days pass and the secrets about their past are revealed, they learn that they might not have been looking for each other...but they may have been brought together for a reason.

SNAPSHOTS



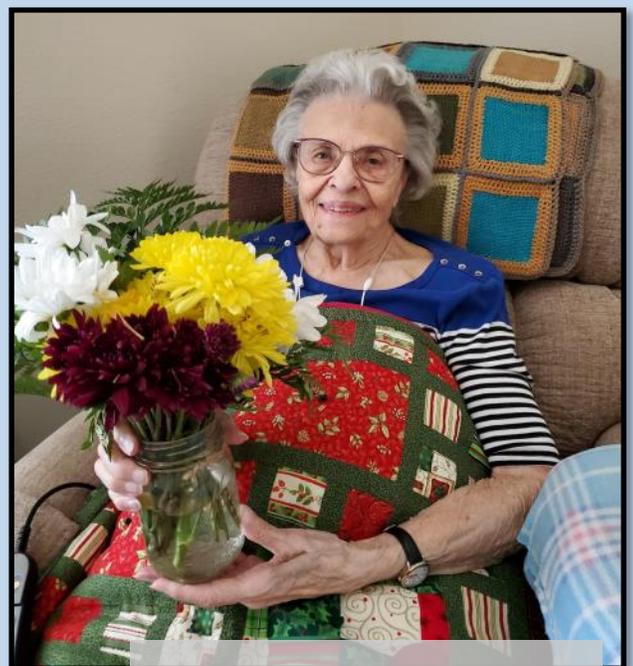
UC Hope worked with Glyndon Lutheran and Dilworth Lutheran to gift our residents a roll of paper that were wrapped to look like fireworks!



Selfies at South!



Baking Buddies!



Flowers from Hope Blooms!

SNAPSHOTS

Celebrating Staff Diana who graduated from Nursing School!



Patriotic Art!



Wellness Participants this Quarter enjoying Pizza Ranch!



MEET Robert "Bob" Boelter

(EAST CAMPUS)



Where you born and raised?

Born in Minneapolis and raised in Moorhead.

Tell us about your family:

Mother, father and younger sister, Joanie.

Did you marry? Tells about your spouse; how did you meet?

Bob met Claudia when he was 15. She lived on a farm; he married her when he was 20.

Do you have children?

Bob and Claudia had 5 children. One passed away and the other 4 live in the area.

Did you work outside the home?

Bob worked at the Moorhead Post Office.

What kinds of things have you enjoyed doing in your spare time?

Fishing, golf and any outdoor activities.

What else should we know about you?

Bob and Claudia lived in California for a year. They were snowbirds in Texas for about 15 winters.

If you won a million dollars, how would you spend it?

Kept it for my retirement.

*Welcome
Bob*

July 2022

SUN	MON	TUE	WED	THU	FRI	SAT	
Events are subject to change!						1	2 Nail Day!  Ice Cream SUNDAES
3	4  Business Office Closed	5 Bible Study  1:30 (East) & 2:30 (West)	6 Church at St. Liz @ 8:30 am WAL*MART Shopping  BINGO 1:30 pm	7 West Beaton Music @ 2pm (West) & 3pm (South)  Appetizer Night @ 6:00	8	9 Nail Day!  Ice Cream SUNDAES	
10	11 Rosary & Catholic Communion @ 10 am	12 Bible Study  1:30 (East) & 2:30 (West)	13 Church at St. Liz @ 8:30 am WAL*MART Shopping  BINGO 1:30 pm	14 Ladies Gathering @ 2pm (East) Appetizer Night @ 6:00	15	16 Nail Day!  Ice Cream SUNDAES	
17	18 Rosary & Catholic Communion @ 10 am	19 Bible Study  1:30 (East) & 2:30 (West)	20 Church at St. Liz @ 8:30 am WAL*MART Shopping  BINGO 1:30 pm	21  @ 10 am New Hire Training  Tim Moser @ 2 pm (West) Appetizer Night @ 6:00	22	23 Nail Day!  Ice Cream SUNDAES	
24	25 Rosary & Catholic Communion @ 10 am	26 Bible Study  1:30 (East) & 2:30 (West)	27 Church at St. Liz @ 8:30 am WAL*MART Shopping  BINGO 1:30 pm	28 Serenity Golf Tournament!  Appetizer Night @ 6:00	29	30 Nail Day!  Ice Cream SUNDAES	
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Mark Your Calendar!

JULY

TBD = SS Ruby Boat Outing on the Red River

TBD = Serenity Golf Tournament

AUGUST

TBD = SS Ruby Boat Outing on the Red River

TBD = Serenity Golf Tournament

SEPTEMBER

September 8th = Grandparents Day & Kickoff to National Assisted Living Week!

OCTOBER

TBD = Wellness Celebration Parties!

TBD = Oktoberfest

July 2nd
Ardith Carlson

July 4th
Staff Elliana

July 6th
Helen Stevenson

July 14th
Staff Madison H.

July 16th
Staff Jamie

July 17th
Sandy Opatril &
Avis Kjos

July 19th
LaVonne Kambel

July 20th
Karan Carney

July 22nd
Judy Gierszewski

July 24th
Staff Myah

July 29th
Charlotte Schloeder
& Staff Jordan

A VERY HAPPY BIRTHDAY TO...

Salon at
Serenity



\$23

Shampoo & Set
**28 w/ Haircut

\$75

Perm & Cut

\$22

Haircut

 **CALL TAMMY**
218-790-4326

(primarily takes appointments at the East Campus)

 **CALL STACEY**
701-552-1872

(primarily takes appointments at the West Campus)

Since the salon is unlicensed, you are welcome to invite your own stylist to use the salon, other than Wednesdays when there are standing appointments. Be sure that stylist you invite in has a Homebound license with the Minnesota Board of Cosmetology!



Work Anniversary!

Times to Remember

Meal Times

BREAKFAST

7 am-9am **Come at your own leisure!*

LUNCH

12 :00 pm

SUPPER

5:15 pm (East)

5:30 pm (South)

5:45 pm (West)

Scheduled Transportation

Varying Time Slots



Serenity Assisted Living is owned and operated by the Anderson-Tollefson families, which has provided over 16 years of award-winning service to seniors and their families. We encourage you to visit Serenity and let our friendly residents and staff welcome you and your family. Please contact us for further information or to schedule a tour.

218-477-7254

amber@serenityassistedliving.com



Sign up for Serenity's email list!

No spam, just a monthly update on Serenity happenings.

Call or email Denise at

218-477-7254 or denise@serenityassistedliving.com