



SERENITY

Assisted Living
& Memory Care
Dilworth, MN

Points of Interest:

- April Birthdays
- Monthly Activity Calendar
- Photos

SNIPPETS

April 2026

Roll Into Spring

April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often hand-made—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

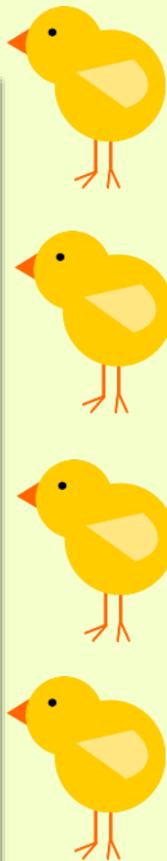
The game itself was simple but never dull. Players crouched low, flicking a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy.

The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.

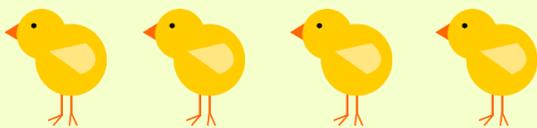
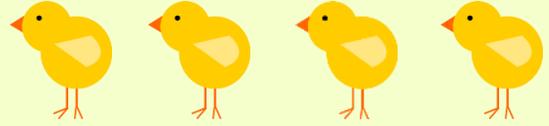


SNAPSHOTS





SNAPSHOTS



April 2026

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|---|--|---|-----|---|
| <div style="border: 1px solid black; padding: 10px; text-align: center;"> Events are subject to change! </div> | | | 1  Easter Lunch, Games & BINGO  | 2  RESIDENT COUNCIL Beer & Wine Night | 3 | 4 Nail Day!  |
| | | | Apollo Strings @ 2:30pm  | Beer & Wine Night | | |
| 5 Ice Cream SUNDAES  | 6 Rosary & Catholic Communion @ 10 am | 7 Music w/ Mary & Charlie  | 8  | 9 Wellness Finishers Celebration 11:30 am (Dine Out)  Shopping *Please sign up. BINGO Beer & Wine Night | 10 | 11 Nail Day!  |
| 12 Ice Cream SUNDAES | 13 Rosary & Catholic Communion @ 10 am | 14 | 15 Shopping *Please sign up. BINGO | 16 Beer & Wine Night | 17 | 18 Nail Day!  |
| 19 Ice Cream SUNDAES | 20 Rosary & Catholic Communion @ 10 am  Dine & Dance 11:30 am— 1:30 pm | 21 Girlfriends Gathering @ 1:30 pm BINGO Moorhead Legion | 22 Shopping *Please sign up. BINGO | 23 GrubClub @ 10 am Beer & Wine Night | 24 | 25 Nail Day!  |
| 26 Ice Cream SUNDAES | 27 Rosary & Catholic Communion @ 10 am | 28 | 29 Shopping *Please sign up. BINGO | 30 Beer & Wine Night | | |

UP NEXT

MAY

TBD = Mothers & Others

May 10th = Serenity Kids Preschool Graduation Program

May 13th = Mr. Sparkle Window Cleaning

May 25th = Memorial Day (*Business Office Closed*)

JUNE

TBD = Fathers Days

JULY

TBD = Loco Daze Color Run

TBD = Loco Daze 5k

April 2nd
Penny Douglas

April 3rd
**Shift Supervisor
Kendra & Staff Lola**

April 5th
**Joie Mercil & Anita
Torkelson**

April 6th
**Staffing
Coordinator Susan**

April 7th
Sharon Gunufson

April 8th
**Chef Aurora &
Staff Mette**

April 10th
**Linda Halvorson
& Jean Quam**

April 11th
Ken Highness

April 12th
Joan Cole

April 13th
**Preschool Director
Kris Mueller & Staff
Pauline**

April 21st
**Esther Stevenson
& Staff Shyloh**

April 22nd
**Sonja Tollefsrud
& Staff Ethan**

April 29th
Judy Narlock

A VERY HAPPY BIRTHDAY TO...



Easter

WORD SEARCH



Find the words below in the word search.

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| C | H | I | C | K | E | A | F | C | I | E | D |
| K | F | L | O | R | A | G | B | H | L | J | E |
| N | E | M | T | P | S | U | N | D | A | Y | C |
| B | A | S | K | E | T | S | U | V | M | Y | O |
| R | S | T | U | W | E | G | G | P | B | Q | R |
| Y | T | Z | S | P | R | I | N | G | X | B | A |
| A | G | H | J | M | N | Y | A | Z | T | X | T |
| E | C | I | L | K | B | U | N | N | Y | C | E |
| D | F | F | A | M | I | L | Y | O | S | P | U |
| C | H | O | C | O | L | A | T | E | R | T | V |

CHICK
EASTER
BASKET
SUNDAY

EGG
LAMB
FEAST
CHOCOLATE

SPRING
BUNNY
FAMILY
DECORATE



FUN BRACKET COMPETITION!



MARCH MADNESS

- #1 FILL OUT A BRACKET**
- #2 EACH BRACKET IS \$1.00 (NO LIMIT)**
- #3 TURN IN BRACKET TO WELLNESS TEAM**
- #4 FOUR CHANCES TO WIN!**

TEAM A

VS

TEAM B

PLAY NOW!

See Ashlea, Grace or Ava to Sign up
Electronically



MEET

Rose 'Rosie' Long

(WEST CAMPUS)

What name do you prefer to be called?

She likes to be called Rosie.

Where were you born and raised?

Rosie was born and raised in Grafton, ND.

Tell us about yourself:

Rosie is one of 6 kids. She has 4 sisters and 1 brother. She lived in a town when she was little, then they moved to a farm. When Rosie was in high school her family opened a restaurant.

Did you marry? Tells about your spouse; how did you meet?

Rosie married Terrance (his friends called him Toad) when she was 19. She met him through a friend who was dating his cousin. They dated a year and a half before marrying.

Do you have children?

Rosie has 2 daughters. One daughter lives in Fargo and the other is in St. Claire, MN.

Did you work outside the home?

Rosie had a lot of jobs! She worked at a grocery store, hotel, can Crystal and the Post Office.

What kinds of things have you enjoyed doing in your spare time?

Rosie enjoyed wallpapering, crafts, embroidery, cross stitch, macrame and flower arranging.

What else should we know about you?

Rosie has 4 grandkids and her 3rd great-grand child is on the way!

If you won a million dollars, how would you spend it?

If Rosie won that much money, she'd try to keep it a secret so people wouldn't keep asking for it! Then she'd give most of it to her daughters and keep a little for herself.

*Welcome
Rosie*

Ameri-



MEET Marvel Jones (WEST CAMPUS)

Where were you born and raised?

Marvel was born and raised in Lisbon, ND.

Tell us about yourself:

Marvel is the oldest child. She had twin brothers who were 5 years younger. Both of her brothers have passed away.

Did you marry? Tells about your spouse; how did you meet?

Marvel married Bill Jones; they met in Lisbon.

Do you have children?

Marvel has 4 children; 3 boys and 1 girl.

Did you work outside the home?

Marvel worked as a cook. She worked at they Glyndon school for 15 years and then 19 years at Merit Care. Marvel also did some catering.

What kinds of things have you enjoyed doing in your spare time?

In her spare time, Marvel liked to keep busy volunteering at her church, Glyndon Lutheran.

What else should we know about you?

Marvel describes herself as impatient and a neat freak. Her favorite thing to do now is spend time with her grandkids.

If you won a million dollars, how would you spend it?

Marvel would share the money with her church and different organizations.

*Welcome
Marvel*



MEET

Joan Frey

(WEST CAMPUS)

What name do you prefer to be called?

Her name is pronounced “Jo-Ann.”

Where were you born and raised?

Joan was born at her aunt’s house in Glyndon. She was raised in Glyndon too!

Tell us about yourself:

Joan was the baby of the family with 2 older brothers and an older sister. Joan was “daddy’s little girl.”

Did you marry? Tells about your spouse; how did you meet?

Joan married Richie when she was 19. He came from a family of 12. Richie was friends with her brother.

Do you have children?

Joan and Richie had 2 boys and 2 girls. Her oldest 2 kids live in Missoula, MT. Her youngest daughter is a local and she has 1 son that passed away.

*Welcome
Joan*

Did you work outside the home?

Joan worked part time at Concordia in food service. She also did a lot of volunteer work.

What kinds of things have you enjoyed doing in your spare time?

Joan enjoys visiting with friends and playing games like Scrabble and Rummikub. She also enjoys reading.

What else should we know about you?

Joan has done a lot of travelling and has been to England and Norway. Joan’s main desire is to live for Jesus.

If you won a million dollars, how would you spend it?

Joan would donate to Mercy Ships, which is a mobile hospital for children in need all over the world.



MEET Carol Olson (WEST CAMPUS)

Where were you born and raised?

Carol is from Bagley, MN.

Tell us about yourself:

Carol grew up on a farm and has 8 brother and sisters.

Did you marry? Tells about your spouse; how did you meet?

Carol met Alan; they met in high school.

Do you have children?

Carol and Alan had 2 daughters. One daughter lives in Wadena and other lives in Dilworth.

Did you work outside the home?

Carol worked for Hornbachers for 59 years!

What kinds of things have you enjoyed doing in your spare time?

Carol loves to travel! One of her favorite trips was to Alaska.

What else should we know about you?

Carol has 2 grandkids and 2 great-grandkids.

If you won a million dollars, how would you spend it?

Carol would divide it between her daughters.

*Welcome
Carol*



2026 SCHEDULE

MARCH/APRIL

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------------|----------------|----------------|-----------------|----------------|----------------|----------------|
| | | | | 26 BAL 2:05 | 27 | 28 BAL 3:05 |
| 29 BAL 12:35 | 30 KC 3:10 | 31 | 1 KC 6:40 | 2 KC 1:10 | 3 TB 3:10 | 4 TB 6:10 |
| 5 TB 1:10 | 6 D 6:40 | 7 D 6:40 | 8 D 6:40 | 9 D 12:40 | 10 TOR 6:07 | 11 TOR 2:07 |
| 12 TOR 12:37 | 13 B 6:40 | 14 B 6:40 | 15 B 12:40 | 16 | 17 C 7:10 | 18 C 1:10 |
| 19 CIN 1:10 | 20 | 21 NYM 6:10 | 22 NYM 6:10 | 23 NYM 6:10 | 24 TB 6:10 | 25 TB 3:10 |
| 26 TB 12:40 | 27 SEA 6:40 | 28 SEA 6:40 | 29 SEA 12:40 | 30 TOR 6:40 | | |

MAY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | 1 7:10 | 2 1:10 |
| 3 11:45 | 4 | 5 WSH 5:45 | 6 WSH 5:45 | 7 WSH 12:05 | 8 CLE 6:15 | 9 CLE 5:10 |
| 10 CLE 12:40 | 11 | 12 M 6:40 | 13 M 6:40 | 14 M 12:40 | 15 O 7:10 | 16 O 6:10 |
| 17 O 1:10 | 18 6:40 | 19 6:40 | 20 12:40 | 21 | 22 BOS 6:10 | 23 BOS 3:10 |
| 24 BOS 12:35 | 25 CWS 1:10 | 26 CWS 6:40 | 27 CWS 6:40 | 28 CWS 1:10 | 29 PIT 5:45 | 30 PIT 3:05 |
| 31 PIT 12:35 | | | | | | |

JUNE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------|----------------|----------------|----------------|-----------------|---------------|---------------|
| | 1 S 6:40 | 2 S 6:40 | 3 S 12:40 | 4 KC 6:40 | 5 KC 7:15 | 6 KC 1:10 |
| 7 KC 1:10 | 8 | 9 DET 5:40 | 10 DET 5:40 | 11 DET 12:10 | 12 S 7:10 | 13 S 1:10 |
| 14 S 1:10 | 15 TEX 7:05 | 16 TEX 7:05 | 17 | 18 TEX 1:35 | 19 AZ 8:45 | 20 AZ 9:10 |
| 21 AZ 2:15 | 22 LA 6:40 | 23 LA 6:40 | 24 LA 6:40 | 25 | 26 CR 7:10 | 27 CR 6:10 |
| 28 CR 1:10 | 29 HOU 7:10 | 30 HOU 7:10 | | | | |

JULY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------|----------------|----------------|----------------|-----------------|----------------|----------------|
| | | | 1 HOU 7:10 | 2 | 3 NYY 6:05 | 4 NYY 12:35 |
| 5 NYY 12:35 | 6 | 7 C 6:40 | 8 C 6:40 | 9 C 12:40 | 10 A 7:10 | 11 A 1:10 |
| 12 A 1:10 | 13 | 14 | 15 | 16 | 17 CHC 7:05 | 18 CHC 1:20 |
| 19 CHC 1:20 | 20 CLE 5:40 | 21 CLE 5:40 | 22 CLE 5:40 | 23 CLE 12:10 | 24 A's 7:10 | 25 A's 6:10 |
| 26 A's 1:10 | 27 | 28 KC 6:40 | 29 KC 6:40 | 30 KC 12:40 | 31 SEA 9:10 | |

AUGUST

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------|----------------|----------------|----------------|--------------|---------------|---------------|
| | | | | | | 1 SEA 3:10 |
| 2 SEA 3:10 | 3 | 4 KC 6:40 | 5 KC 6:40 | 6 KC 6:40 | 7 MIL 6:40 | 8 MIL 6:10 |
| 9 MIL 1:10 | 10 6:40 | 11 6:40 | 12 12:40 | 13 P 6:30 | 14 | 15 P 6:10 |
| 16 P 1:10 | 17 A 6:40 | 18 A 6:40 | 19 A 12:40 | 20 | 21 SD 8:40 | 22 SD 7:40 |
| 23 SD 3:10 | 24 ATH 8:40 | 25 ATH 8:40 | 26 ATH 8:05 | 27 | 28 S 7:10 | 29 S 1:10 |
| 30 CWS 1:10 | 31 DET 6:40 | | | | | |

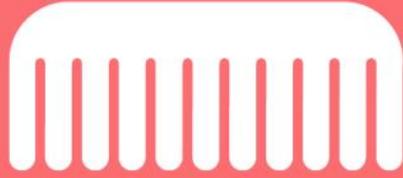
SEPTEMBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------|----------------|---------------|----------------|----------------|----------------|----------------|
| | | 1 D 6:40 | 2 D 6:40 | 3 | 4 CWS 6:40 | 5 CWS 6:10 |
| 6 CWS 1:10 | 7 DET 12:10 | 8 DET 5:40 | 9 DET 12:10 | 10 | 11 C 7:10 | 12 C 3:10 |
| 13 C 1:10 | 14 NY 6:40 | 15 NY 6:40 | 16 NY 12:40 | 17 LAA 8:38 | 18 LAA 8:38 | 19 LAA 8:38 |
| 20 LAA 3:07 | 21 SF 8:45 | 22 SF 8:45 | 23 SF 2:45 | 24 | 25 T 7:10 | 26 T 3:10 |
| 27 T 2:10 | 28 | 29 | 30 | | | |

HOME GAMES ROAD GAMES FIELD OF DREAMS Schedule subject to change.

twins.com

BALLPARK



Salon at Serenity

CALL TAMMY

218-790-4326

****PRIMARY TAKES APPOINTMENTS AT THE
EAST & SOUTH CAMPUS.**



Serenity

Family Owned
& Operated

218-477-7254



Please contact us for further information
or to schedule a tour.

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